# **QUIP IN ACTION**

**COMMISSIONER: SELF HELP AFRICA** 

**COUNTRY: KENYA** 

SAMPLE SIZE: 24 INTERVIEWS, 4 FOCUS GROUPS

YEARS OF STUDY: 2022

PROJECT: EXPLORATORY RESEARCH INTO CROPNUTS' IMPACT

GROPNUTS grow more, with less

Self Help Africa (SHA) help to manage the AgriFI Kenya Challenge Fund, financed by the European Union and co-funded by SlovakAid, which supports agri-enterprises like **Cropnuts**. Cropnuts works to support smallholder farmers in the pyrethrum value chain, a flower which can be crushed and used as an insecticide. Cropnuts, through their partner **Kentegra**, deliver training in good and climate smart agricultural practices for pyrethrum farming. They assist farmers with evidence-based and technology-supported farming advisory services with aim of securing a sustainable yield and income for smallholder farmers.

SHA commissioned a Qualitative Impact Protocol (QuIP) study to better understand what impact Cropnuts' work is having on farmers in the area and explore how other factors are affecting intended outcomes for farmers' lives and livelihoods. The study focused on Nakuru county where Cropnuts have a soil testing facility at an agri-clinic, although their services are available across East Africa.

## WHY QUIP:

QuIP was used by SHA to establish any self-reported changes in intended outcomes, and to better understand the reasons behind those changes. Cropnuts aims to encourage more farmers to start growing pyrethrum as a crop with good potential for income, then helping them to increase the quality and quantity of crop. The intended outcomes of this are that farmers experience increases in:

- Income
- Food consumption and improved nutrition in the household
- Resilience to climate change
- Decision-making power of women
- Participation of youth in agriculture

As there are myriad different factors impacting agricultural decisions, practices and yields, the QuIP evaluation was used to help establish what role Cropnuts' interventions played in the complex range of influences and consequences affecting farmers.





#### **APPROACH:**

A team of local researchers fluent in the local language conducted interviews with 24 farmers and facilitated 4 focus groups. Although the researchers were aware that pyrethrum was the crop of interest, neither the interviewers nor interviewees were aware of the hypotheses around specific interventions leading to the outcomes which were being tested in this study, and they worked completely independently of the Cropnuts team. This 'semi-blindfolded' approach was used to mitigate confirmation bias and ensure that respondents were not limited to discussion of only one intervention (i.e. Cropnuts) or project activity.

The interview was divided into the following relevant domains, based on the key outcomes from Cropnuts' theory of change:

- Agriculture, including agricultural practices, inputs and yields
- Income, both from agriculture and other sources
- Nutrition including variety, quantity and quality of food consumption
- Relationships, both intra and inter-household
- Overall wellbeing and hope for the future

A final section, used in most QuIP studies, asked respondents about community groups, programmes or organisations they engaged with; respondents were asked to detail their involvement with them and rank them in order of relative importance.

Unlike most QuIP studies, there was a supplementary final question that asked directly about changes in *pyrethrum* planting and practices. This was to increase the likelihood of capturing this information if the respondent had not mentioned pyrethrum throughout the interview. However since all but two respondents discussed pyrethrum unprompted earlier in the interview this question was rarely asked.

QuIP studies use purposive, stratified sampling – focusing on a small sub-sample of intended beneficiaries. As there is no need for a counterfactual or control group, only farmers who had worked with Cropnuts were interviewed. Interviews were conducted in two villages within Nakuru county; Turi, where the agri-clinic is based, and Nyota. The sample was split evenly between these areas, with 12 respondents in each.

To improve understanding of the experiences of farmers of different genders and ages, the sample was also split into women, men, adult and youth (classed as below 35). However, gaining access to an equal number of respondents from each age group was not achievable as there were not enough young people available to interview. The table below shows the breakdown of those interviewed.

Table 1: Sample for individual interviews

|       |       | Women | Men | Totals |
|-------|-------|-------|-----|--------|
| Nyota | Adult | 3     | 3   | 12     |
|       | Youth | 3     | 3   |        |
| Turi  | Adult | 4     | 5   | 12     |
|       | Youth | 2     | 1   |        |
|       |       | 11    | 13  | 24     |





Additionally, 4 focus group discussions (FGDs) were conducted. FDGs are used to triangulate and expand on the data collected in individual interviews. Two groups were facilitated in each district, they were split by gender and there were 6 participants in each focus group. The intention was to split the groups evenly between the two age categories, however there were not enough farmers below age 35 available to interview so this was not possible. Instead, three mixed focus groups and one youth group were hosted.

Table 2: Sample for focus groups

|       |       | Women | Men | Totals |
|-------|-------|-------|-----|--------|
| Nyota | Mix   | 1     |     |        |
|       | Youth |       | 1   | 2      |
| Turi  | Mix   | 1*    | 1   | 2      |
|       |       | 2     | 2   | 4      |

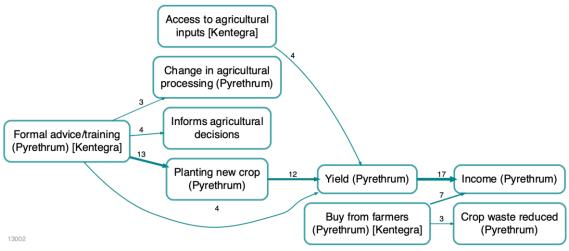
<sup>\*</sup>Primarily adult, one youth attended this focus group

## **FINDINGS**

#### IMPACT OF CROPNUTS

**Formal advice/training** from Kentegra was the most frequently cited influence factor leading to farmers **starting to plant pyrethrum**. Respondents mentioned the value of having Kentegra as a reliable buyer of their pyrethrum crop as it gave them a consistent source of income and meant that their crops did not go to waste. Good market conditions, aside from purchases made by Kentegra, and seeing the success of other farmers also promoted the crop.

Figure 1: Impact of Kentegra



Showing links with 3 or more source mentions, one up and three links down from factor labels containing 'Kentegra'.

Kentegra were scored as the **highest-ranking organisation** in the ranking exercise. They were not the only organisation in the area supporting pyrethrum but were scored above other organisations like the Pyrethrum Board of Kenya and other government bodies.



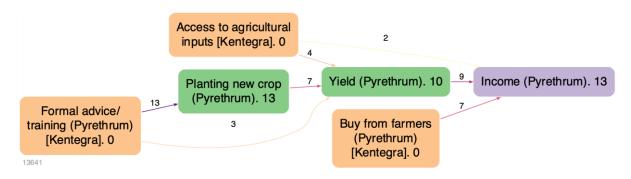


#### PYRETHRUM YIELD

Many farmers (19/24) reported their pyrethrum yields increasing, for many this reflected the fact that they were previously not planting pyrethrum. Yields from pyrethrum were reported to lead to **increased income** for 17/24 of the respondents.

10 farmers linked increased pyrethrum yield to Kentegra's activities, as the map below shows, through improved access to **agricultural inputs** and **training**. 13 farmers connected increased income from pyrethrum to Kentegra, in part due to Kentegra's provision of stable income as a reliable purchaser.

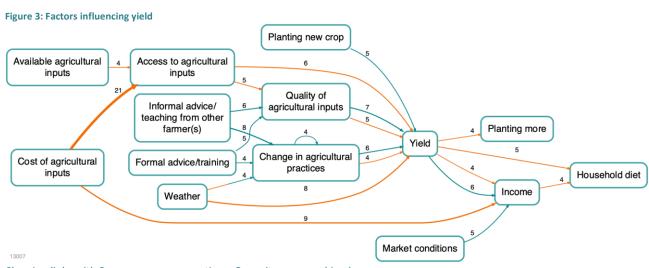
Figure 2: Path traced from Kentegra to increased pyrethrum income



Path traced from labels including 'Kentegra' to 'Income (Pyrethrum)'. Showing links with 1 or more source mentions. Factors and links labelled with number of sources that mentions the upstream thread.

#### **CROP YIELD**

The majority of farmers reported that the crops grown for **household consumption** had reduced, and 17/24 farmers mentioned a decrease in yield for at least one crop. Overall income and yields from crops (other than pyrethrum) had decreased, primarily due to **cost of agricultural inputs** and **weather conditions.** A few farmers specifically mentioned challenges with their potato crop which they stopped planting as a result. Increased cost of agricultural inputs had led to reduced **quality** of inputs. Many farmers were reducing the amount of fertiliser they applied, using uncertified products or an alternative such as organic manure, which they linked to reducing overall crop yields. Most farmers we spoke to were solely reliant on farming and so fluctuating yields had significant impacts in their households.



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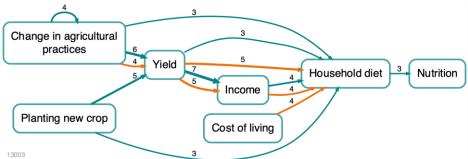
The main positive factors influencing pyrethrum and food crop yields overall were informal and formal advice/training which led to better quality agricultural inputs and improved agricultural practices. Quality agricultural products were classed as products appropriately matched to the crop/soil, often informed by advice or testing.

#### **NUTRITION**

Reduced purchasing power due to the rise in cost-of-living and decrease in income made it harder for some households (8/24) to have a good and varied diet. The negative impact of the cost-of-living crisis on having a good household diet, this was particularly highlighted in the focus group discussions (where 3 groups reported this).

On the other hand, planting new crops such as leafy greens, improvement in agricultural practices and increasing yields directly contributed to improving household diets for 7/24 farmers.





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## CONCLUSION

Cropnuts are encouraging farmers to start planting pyrethrum through training and advice delivered by their partner Kentegra, and by being a reliable buyer of the crop. Pyrethrum yields were positively impacted by quality agricultural inputs as recommended by Kentegra, as well as other organisations, government bodies and farmers.

Food crops were negatively affected by bad weather, and poor access to agricultural inputs caused by the cost-of-living crisis. The cost of food and lower yields from food crops has negatively impacted households' diets. Some farmers, however, reported that increased income from farming meant that they were able to improve their diet and nutrition.

There was no significant change reported regarding decision-making power of women or participation of youth in agriculture. Neither was there explicit mention of increased climate resilience, although pyrethrum was seen as a good choice of crop for many as its yields were increasing compared to other crops despite poor weather conditions.

Overall, increased farming income, which included money from the pyrethrum crop, gave households more money, but the rise in cost of food and inputs meant that overall farmers felt that their financial situation was getting worse.



